

BAR HILL NEWS

October 2015; Issue 564

TIMELY REMINDER TO CONSIDER YOUR HEATING NEEDS FOR THE WINTER AHEAD

As summer fades into memory and the nights draw in once again, it's a good time to consider your heating oil requirements for the colder months ahead. Heating oil tends to be cheaper in the early autumn months and deliveries made faster than once the winter sets in, so now is a good time to think about ordering.

If you rely on oil to heat your home, community building, church or business premises, you might like to consider joining Cambridgeshire ACRE's community oil buying scheme.

Through our partnership with AF Affinity Limited, a subsidiary of Anglia Farmers Limited, our scheme makes the most of collective purchasing power. The larger the order we place, the more likely the heating oil suppliers will offer a reduced price for our members.

The annual membership fee for domestic users is £20 and that covers as many oil orders as you need during the course of a year. We find that members need to order around 1000 - 1500 litres a year to achieve sufficient savings to justify the membership fee.

We offer an easy, online ordering system and send out email reminders each month so you'll never forget to order oil again.

To find out more about the Scheme, please visit www.cambsacre.org.uk/community-oil-buying-scheme.php or call Alison Brown on 01353 865029.



RADSOC

RADSOC PANTOMIME

We still have a few parts available in Aladdin, including the Sultan.

If acting is not your thing we also have numerous other roles within RADSOC – available to all ages – including chorus members, stage crew, costume makers etc. You are welcome to come along and meet us.

The Performances will be on Friday 22nd, Saturday 23rd and Sunday 24th January 2016 at Swavesey Venue at the Village College. Contact Alan Winfield on 01954 232661 for more information.

www.swaveseyradsoc.org.uk

– BICYCLE REPAIRS & SERVICING –
Collection & Return Service. 07914 655086

QUAKER WEEK 2015

"Live adventurously"



A programme of events and music is being held at Friends Meeting House, 12 Jesus Lane, Cambridge CB5 8BA on Saturday 10th October from 1400–1800; Wednesday 14th October from

1045–1430 (includes the Cambridge Peace Trail Guided Walk from 1045–1215); and Friday 16th October from 1900–2130.

Further information: www.jesus-lane.cambridgeshire-quakers.org.uk/events.

All events are free and no booking is required, so do come along – and bring a friend too!

HAPPY HOURS VARIETY SHOW – PERFORMERS WANTED –

Can you do magic? Sing, dance or both? Do you play a musical instrument? Have a pet that can do tricks?

If so, and you are willing to give us 10–15 minutes of your time to do a performance, then we would love to hear from you.

The Variety Show will take place in the Octagon in the afternoon of Monday 26th October 2015.

For further information or enquiries please ring Sue on 01954 789848.

BAR HILL INTERNATIONAL LADIES GROUP

– BRING AND SHARE MEAL –

Friday October 30th at 7.30pm

Contact Sarah Adams for more information:

sadams@Chesterton.cambs.sch.uk

All welcome!

HALLOWEEN DISPLAY

at 12 Appletrees, Bar Hill

on Saturday 31st October from 4–8.30pm.

In aid of the Cardiac Unit, Addenbrookes.

All donations gratefully received.

Gail and Richard hope to see you there.

ART EXHIBITION

Bar Hill Church Art Group is holding a one day only exhibition and sale of our work

on Saturday 7th November in the Church 10am–3pm.

A chance to buy original paintings for super Christmas presents and cards, do come along and see our work and find out what we do.

*deadline for next issue: 15th October 2015 to bheditor@yahoo.com,
or see page 2 for other contact details*

BAR HILL RESIDENTS' ASSOCIATION

2015-16 COMMITTEE:

Chair:	Roger Hall	01954 780304	11 Almond Grove
Vice-Chair:	Paul Goodfield	01954 200228	15 Little Meadow
Secretary:	Anil Pallan	01954 782736	72 The Spinney
Treasurer:	Martin Avery	01954 781233	34 Acorn Avenue
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Editor:	Jan Cundy	jan_cundy@yahoo.com	1 Hanover Close
Advertising Coordinator:	Bunty Waters	01954 201421	77 Foxhollow
Distribution Coordinator:	Martin Avery	01954 781233	34 Acorn Avenue

The Objectives of the Association are to act as an intermediary between Residents and other parties, to keep residents informed of matters of importance and recreation in and around the Village, and to promote the interests of Bar Hill.

Opinions expressed in this publication are not necessarily those of the Association. Anonymous letters will not be published, but names and addresses may be withheld. However, these may be made available should a written request be received. This is a private publication and may not be reproduced in any way without the prior permission of the Bar Hill Residents' Association Committee.

ADVERTISING

All matters relating to advertising should be addressed to the Advertising Coordinator bunty.waters@ntlworld.com. Quarter-page adverts cost £15.50 per month and must be submitted by the 1st of the month prior to inclusion. Maxi ads (£8.50 per month) and Mini ads (£5 per month) should be submitted by 15th of the month prior to their inclusion. Sizes: Maxi: 6 x 4.5 cm – 9 x 6 cm; Mini: 6 x 2 cm – 6 x 4 cm. Quarter-page ads are for local businesses and we guarantee publication, but this often results in a waiting list. To help overcome this, we provide maxi and mini ads which appear throughout the publication. We cannot guarantee their inclusion, though, due to restrictions of space.

EDITORIAL

There is no charge for Articles, What's On, For Sale and Lost and Found, and these appear at the Editor's discretion. Please submit items by 15th of the month. All telephone numbers without an area code are Crafts Hill (01954). All items can be submitted electronically on disc or to bhneditor@yahoo.com, [a Word file is best, please] or hard copy via Parish Council Office.

THE MAPLE SURGERY

Tel: 01954 780442; www.mhmaple.co.uk

Surgery Opening times:

Monday, Wednesday, Thursday	7.00am* – 6.30pm
Tuesday, Friday	8.30am – 6.30pm

(* appointments available from 7.30am)

Emergency on the day appointments: bookable by phone from 8.30am for the mornings and from 1.30pm for afternoons.

Midwife	Thursday	2.00–4.00pm
Physiotherapist	Tuesday	1.00–4.30pm
Podiatrist	Wed. & Friday	8.45am–12 noon
	and	1.00–4.00pm
Orthoptist	2nd Tues. of month	9.00am–12.30pm
CAMTAD	4th Tues. of month	9.30–11.30am



Out of Hours Emergencies – call 111

(Cambridgeshire and Peterborough 111 Service)

Health Visitors: (based at Longstanton Surgery):
01954 207612

Well Child Clinics: 3rd Tuesday of the month
1.00–2.30pm at the Children's Centre, Bar Hill (next to Primary School).

USEFUL TELEPHONE NUMBERS

• Church Office: 01954 206120 • Conservative Party (Iris Lay): 01954 205265 • Happy Hours (Helen Collins): 01954 782203 • Liberal Democrat Party (Andy Pellew): 07814 871752 • Library (renewals and enquiries): 0345 0455225 • Neighbourhood Watch: 01954 201001 • Parish Council: 01954 780456 • Police non emergency: 101 • Post Office: 01954 789285 • Pre-School: 01954 782892 • Samaritans: 01223 364455 • School: 01954 273305 • Social Club: 01954 781881 • Swavesey Village College 01954 230366 •

– NWR –

CONNECTING WOMEN WHO ARE INTERESTED IN EVERYTHING AND TALK ABOUT ANYTHING

NWR is a national women's organisation with members who enjoy lively conversations both serious and light hearted. It is for women of all ages who like to be informed and share ideas by actively participating in the content of meetings. We promote friendship and self-confidence for lively minded women. We invite you to join us, come along to one of our meetings, you 'd be very welcome.

8th October: Siberia – Research one aspect of this country and talk about it

22nd October: Planning Evening

5th November: Talk by Susan of Sujay – with sale of jewellery suitable for Christmas.

12th November: TTT.

26th November: The name Mary/Marie/Maria – research a famous person bearing that name.

The Bar Hill NWR group meets informally at 8pm on alternate Thursday evenings. We pay an annual fee of £18.00 and just £1.00 per meeting to cover local costs. If you would like more information or someone to accompany you to a meeting, please don't hesitate to call Geraldine Martensz on 01954 203458 or Bobby Colver on 01954 781662. NWR can also be found at www.nwr.org.uk. Why not have a look!

NEIGHBOURHOOD WATCH

Bad News! Thefts from cars and vans continue to be a problem in local villages. Tools are often the target.

Good News! Bar Hill has had few occurrences.

However, even one incident is inconvenient for you so it is worth taking appropriate steps:

- ⇒ Do not leave anything on display in your vehicle.
- ⇒ Remove valuables, even from the glove box.
- ⇒ Don't leave tools in your van overnight.
- ⇒ If you cannot remove tools, fix additional locks to rear and side doors and an additional alarm system in the rear of vehicle where you store your tools – (alarms need not be particularly expensive).
- ⇒ Install a driveway alarm. This alerts you if anyone crosses the beam by coming on to your drive.
- ⇒ Mark your tools eg with a Smartwater kit (£10 from the Police). Alternatively paint your postcode and house number or business name on your equipment.

Finally, ring 999:

- * If anyone tries to sell you cheap power tools etc.
- * If you ever see anybody acting suspiciously and believe a crime is taking place, or being planned.

Recently around midnight someone was spotted on driveways, peering in car windows but the police weren't alerted... that night a van was broken into.

For any non-emergencies call 101.

Pam Vendy, Village Co-ordinator

MATHS AND PHYSICS TUITION

Qualified teacher, with First Class Honours Degree in Physics, offers GCSE and A level tuition in Maths and Physics.

Telephone **Paul Noble** on 01954 780477

– COUNCILLOR NOTES –

Event commemorates 70th anniversary of VJ Day

Veterans and councillors gathered to commemorate the 70th anniversary of Victory over Japan Day.

The event at South Cambridgeshire District Council's offices in Cambourne saw a service of remembrance by Reverend Alan F Jesson TD, Cambridgeshire County Chaplain, Royal British Legion with veterans taking to the civic square to march in honour of those who fell during the Second World War. An everlasting commemorative plaque to mark the VJ Day in August 1945 was also unveiled by former submariner, Captain Victor Lucas, the High Sheriff of Cambridgeshire.

A programme of events to commemorate the 70th anniversary of WWII is taking place across the county coordinated by Cambridgeshire County Council supported by partners. Residents can still record their memories of the war time era or any events they attend on postcards in libraries or on Cambridgeshire County Council's Facebook page. There will be an exhibition of memories collected at all of the events in the autumn.

More information about events can be found by visiting www.cambridgeshire.gov.uk/ww2.

Have you received your South Cambs Magazine?

Complete the 2015 South Cambs Magazine residents' survey and you could win a competition prize of a Keeper for the Day experience for two people at Shepreth Wildlife Park, worth £250.

To enter, complete the survey in the magazine, by midday on Wednesday 14 October. It should take less than five minutes. The winner will be notified before the end of October and announced in the winter edition of the magazine.

Fly Tipper

Food waste dumped in a farmer's field in Barton has led to a man living around 60 miles away being prosecuted. Akam Hamad Abdullah of Ipswich, pleaded guilty at Cambridge Magistrates Court for failing in his duty of care to ensure that his waste was disposed of correctly under Section 34 of the Environmental Protection Act 1990.

We look forward to any comments, or if we can help with information or in any other way:

Bunty Waters

Roger Hall

cllr.waters@scambs.gov.uk

cllr.hall@scambs.gov.uk

01954 201421; 07734 690580

01954 780304

– 8 O'CLOCK CLUB –

The 8 o'clock club is an all-women's group which meets on the first Thursday of the month in the lounge in the school.

We have a variety of speakers as well as a garden party, birthday party and Christmas meal. Our programme for the Autumn term is:-

5 November – Citizens Advice Bureau

3 December – Christmas Meal – members only.

If you would like further information please phone Barbara on 01954 204171, Adela on 01954 204265, Ann on 01954 204687, or come along to one of our meetings, we would be very pleased to meet you.

— LETTERS —

Unfortunately no letters have been received this month.

If you have an opinion to share, information to disseminate, or even something to just 'have a moan' about, do get in touch.

Editor

STORYTIME AT BAR HILL LIBRARY

Stories and pictures, rhymes, songs and craft activities at 10.30am at Bar Hill Library, on the second and fourth Saturday each month.

Open to children of pre-school age and their older brothers and sisters who are accompanied by an adult, Storytime offers half an hour or so of book-based enjoyment twice every month. Every time there is a theme, with appropriate stories, songs and craft activities.

This free event opens up the treasure that books present and reveals what is to be gained from learning to read. There is no need to book; just come along.

BAR HILL BABY AND TODDLER GROUP...



... is held on Wednesday and Friday 9.45–11.15 am at the Octagon. This is for families and carers with children aged 0–4 years, with a variety of toys and activities for toddlers and pre-

schoolers, and a baby area with mats and age appropriate toys. Drinks and snacks are provided.

Prices: Under 1s – £1.00 (or FREE when paying for a sibling over 1); Over 1s – £2.00.

Maximum charge per family/child-minder – £3.00.

Visit our Facebook page for details of future events.

CARVERY EVERY SUNDAY FROM 12.30pm



Enjoy a 2-course Sunday Carvery, followed by a swim with your family.

Menzies Hotels £9.95 per person. Prior Booking

We have a good place

Required. Tel: 01954 249988.

Menzies Cambridge Hotel & Golf Club, Bar Hill CB23 8EU.

BAR HILL HEALTH WALKS

Free every Wednesday morning
Meet at Maple Surgery at 10:30 am

Our walks are all weather (in case of rain you will find us under the church porch), free, and accessible to all, particularly those who are currently inactive.

Walks are 45–60 minutes long, and led by trained Volunteer Walk Leaders. Shorter walks may be available; contact Patricia or Josephine to discuss.

We meet locally after the walk for a hot drink and a chat. This is usually in the library, but may sometimes be at Costa, Tesco, or the Fox.

If this is your first walk please arrive 10 minutes early to complete a short Health Questionnaire. Copies are available on the PPG noticeboard in Maple surgery, and at www.walkingforhealth.org.uk.

Contact: Patricia Daniels T: 07917 874402;
E: danielsoohn@btinternet.com; or Josephine Powell
T: 07901 558108; E: jopowell45@hotmail.com.

COUNTY COUNCILLOR — NOTES —

Later this year the Chancellor will publish his Annual Statement and Spending Review, including the announcement of government funding to County and District Councils. The expectation is that there will be cuts. In preparation for the detailed work on its own budget that will follow the announcement, the council opened its Budget Planning Consultation on 10th September. The consultation runs until 23rd October, and from 21st September you can give your views via an on-line survey – details at: www.cambridgeshire.gov.uk.

The County Council is currently working on establishing a new 'Building Community Resilience' programme and councillors have been given the opportunity to comment on the draft strategy. The aim is to engage communities more in the way services are provided and to harness the benefits of all the work already being done by so many local individuals and groups. The Library Service is a contributor to that work so I am really pleased to be one of the councillors who will work with officers to draw up future plans. Thank you to those who responded re Time Banking. If anyone else would like to join us to discuss this, please do get in touch.

The fifth Cambridgeshire Energy Switch Scheme, procured by the council, was launched on 1st September. This uses the collective bargaining power of residents to bid for better gas and electricity prices. The scheme is open to all residents including those on credit or pre-payment meters. Over the last four auctions more than 700 Cambridgeshire households saved up to £224 a year. Register interest [no obligation to switch supplier] at: www.cambridgeshire.gov.uk/switch.

Alternatively help is available by email:

energy.switch@cambridgeshire.gov.uk or phone:

01223 703874.

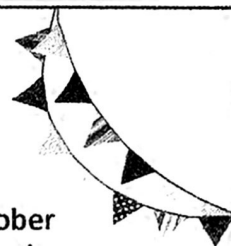
The Greater Cambridge City Deal is planning to consult on better bus routes along the A428 corridor from 12th October to 23rd November 2015 – details on the website.

Thank you to everyone who takes the trouble to contact me – I'm always pleased to hear your views. If you would like to know more about what's happening at the County Council, please let me know and I will add you to the email circulation for the full report I write monthly for parish councils.

County Councillor Lynda Harford

lyndaharford@icloud.com

BAR HILL COMMUNITY MARKET



Saturday 3rd October
Saturday 7th November

10.30am – 2pm

In the Octagon CB23 8EH

– Entry is Free –

All profits go to community projects.

Refreshments and also a BBQ

(weather permitting)

If you wish to be part of the market, please
contact Karen Austen 01954 781085



BAR HILL PARISH COUNCIL

Sue Bell, Parish Clerk: 01954 780456

e-mail: bhillpc-1@btconnect.com

Please note that the office is open to Residents between 9am and 11am Monday to Thursday.

Visit our website: www.barhill.org.uk for updates on local matters.

Proposal to dispose of land and building

Bar Hill Parish Council intends to sell The Willows (the single storey building at the entrance to the village, by the hotel) in order to release funds for future village capital expenditure.

A copy plan showing building proposed for disposal is available for inspection Monday to Friday, 5th October – 23rd October 2015 at The Parish Council Office, Hanover Close, Bar Hill (01954 780456 appointment).

Any objection to the proposal should be made in writing and addressed to Mrs S Bell, Clerk to Bar Hill Parish Council, The Parish Council Office, Hanover Close, Bar Hill, Cambridge CB23 8SE to be received by 30th October 2015. Any submissions received will be considered by Bar Hill Parish Council at the meeting on 19th November 2015

Village Litterpick – Saturday 10th October 2015

New covered litter bins have been installed around the village to replace the old open top style. This should help reduce the problems we have with birds getting into the open top bins and causing a mess around the bins.

The Council is pleased to report that work has been undertaken by the drainage company on Saxon Way and the *Infiltration Pond*. Please do have a look at the website for up-dates and pictures. www.barhill.org.uk

The next *Parish Council meeting* is on Thursday 15th October at 7pm in the Parish Council Office. Members of the public and press are welcome. There is an Open Forum at the start of each meeting for residents to put their views across. You can see minutes of the previous month's meeting on the village notice board.

Handy Telephone Numbers

Streetlights: 0800 253529 – give the number written on lamppost;
Anglian Water (water supply & sewerage): 03457 145 145;
South Cambs District Council: 03450 450500;
County Council (damaged paths and roads): 01223 717111.

– RAYNERS OF BARTON –

Sectional Buildings Greenhouses, Garages,
Workshops, Chalets, Log Cabins, Carports,
Summer Houses,

Sheds – Concrete, Steel or Wood,
Conservatories – Aluminium or Hardwood.

– DOUBLE GLAZING AT ITS BEST –

PVC-U or Hardwood Windows, Doors.

Lance Rayner, Top Field Farm,
16 Cambridge Road, Barton CB3 7AR
Tel/Fax: 01223 262888; Mobile: 07702 669026

– TESCO NEWS –

On the weekend of 2nd–4th October, we will be fundraising to send pre-filled toiletry bags to the Paediatric Intensive Care Unit at Addenbrooke's Hospital. Toiletry items are often the last thing on a parent's mind when they are faced with having their child admitted to hospital but are sometimes the first thing they need to freshen themselves up. Historically, nurses have paid for these items out of their own pocket, so we are aiming to make this easier for them by sending enough pre-filled bags to get through a year!

Staff at the store will be dressing up in hospital outfits so don't panic if you see a lot of doctors and nurses in the store. The emphasis will be on fun and we will have plenty of activities on hand throughout the weekend, kick starting with a book sale on Friday 2nd.

Set up as a food collection type event, we will have extra stocks of toothbrushes, toothpaste and other essential toiletry items on hand that can be purchased and left with staff in a trolley at the front of the store. These will then be placed in toiletry bags and sent off to the hospital a few weeks later.

For further information on this, please contact Alison on barhill.communitychampion@gmail.com.

Other news:

It was a quiet August on the community side but Alison did make sandwiches for the Knit & Natter garden party at the start of month, whilst Julie served refreshments at the VJ celebrations.

We are looking to fill up the community diary in the lead up to Christmas, so if you have any events that you would like Alison to attend, please do pop into the store for a chat or send an email to

barhill.communitychampion@gmail.com.

Best wishes, *Alison and Julie*

GIRLGUIDING IN BAR HILL



Girlguiding units currently meet weekly in Bar Hill:

In July we said goodbye to three of our adult leaders and helpers – Jayne, who has moved to Liverpool,

Stephi, who moved to Norfolk and Gemma Thorby, who is leaving on a wonderful adventure as she has been selected to travel and work at Guiding World Centres Our Cabana, Mexico, and Our Chalet, Switzerland. Good luck to all of you! We look forward to hearing all about your travels next year.

If you would like to know more about Gemma's travels or make a contribution towards her costs please contact us by email: barhillguiding@gmail.com.

We look forward to welcoming our Rainbows, Brownies and Guides to the weekly meetings. Rainbows (aged 5–7 years) meet on Monday and Wednesday; Brownies (aged 7–10 years) meet on Tuesday and Wednesday; Guides (aged 10–15 years) meet on Wednesdays.

If you would like to join in the fun please register at www.girlguiding.org.uk/interested or email us at barhillguiding@gmail.com.

...did you know...

A man named Charles Osborne had the hiccups for 69 years!

— CHURCH MATTERS —

OCTOBER CHURCH EVENTS

Saturday 3rd	Community Market 10.30am–2pm in the Octagon.
Tuesday 6th	Prayer time in the Church 7pm – and Church Leadership Team meeting 7.30pm
Friday 16th – Sunday 18th	Church Away weekend.
Weds. 21st	Messy Church in the Octagon from 3.15pm
Saturday 24th	Craft Group in the Church from 2.15pm.
Saturday 31st	One Day First Aid Training Course.
Sunday 1st Nov.	All Saints children's event 3–5pm in the Church.

OUR ALL SAINTS/LIGHT PARTY

This will take place on Sunday 1st November from 3–5pm. This is a fun event with games, songs, teaching and craft about God being the Light of the World.

If you would like to receive details of the one-off children's activities we run each half term for children between reception and year 6, please e-mail Claire Thorby at: cypadmin@barhillchurch.org.uk.

NEED TO HAVE A CLEAR-OUT? SPARE TOOLS LYING AROUND? SEWING BOX OVERFLOWING?

TWAM – Tools With a Mission – refurbish items, and make up tool/sewing kits etc. to send to partner agencies overseas.

They are used to set up training centres, enabling local people to learn a trade and so escape poverty.

TWAM can use almost anything e.g. tools for:

- Gardening.
- DIY, plumbing, building.
- Car maintenance.
- Laptops, flat screen computers.
- Knitting/Sewing machines – manual or electric.
- Craft/embroidery/sewing/knitting items.

THE ALLOTMENT SOCIETY



Anyone interested in renting space to grow their own produce can be put on our waiting list for membership. Please contact Rob Lawrence, plot allocator, on 07788 590348.

All other allotment matters should be addressed to: bhallotment@hotmail.com.

HAVING PROBLEMS WITH COMPUTERS OR NEW TECHNOLOGY?

The solution is to *Learn IT with Laura*. Professional and personal support and training in your home.

T: 07889 261282; E: info@learnitwithlaura.co.uk;
W: www.learnitwithlaura.co.uk.



Bar Hill Church is a Local Ecumenical Partnership of five denominations: the Church of England, the United Reformed Church, the Methodist Church, the Baptist Union and the Society of Friends.

Everyone is welcome to attend our services which, in OCTOBER will be held at the following times:

Sunday 4th	10am Holy Communion with Café Church for young people 6.30pm Evening Worship
Sunday 11th	8am Holy Communion 10am Morning Worship with Kidzclub for children
Sunday 18th	10am Holy Communion 6.30pm Evening Worship
Sunday 25th	10am All Together Worship on theme of Operation Christmas Child (<i>shoe box appeal</i>) 6.30pm Holy Communion

Wednesday 28th 10am Midweek Communion

10am services are followed by tea/coffee. There is a Traidcraft stall selling a range of fairly traded products.

Our website gives lots of information about what's happening in Church: barhillchurch.org.uk.

The Church Minister, Charles Mather, can be contacted on minister@barhillchurch.org.uk, or by phone on 01954 277119.

The Church Centre Manager can be contacted on 01954 206120; office hours are: Monday, Wednesday and Friday from 0930–1230.

There is a Roman Catholic Mass every Saturday at 6pm.

PRAYER FOR OUR STREETS

Each month we pray for two of the streets in our village. In October, we will be praying for **The Fairway** and **Partridge Drive**. If residents would like us to pray for themselves or their family, please e-mail Ginny on outreach@barhillchurch.org.uk.

Residents of these roads are also invited to tea and cake at 6pm on Sunday 18th October, followed by an informal service of Evening Prayer.

FOR ADULTS

Bible Study: Various groups meet in homes around the village and provide an opportunity to discuss Christianity with a friendly group of people and to enjoy one another's company.

Most groups meet **twice a month**.

If you would like to know more, please contact Bob Chappell on education@barhillchurch.org.uk; T: 01954 200987.

HOLIDAY CLUB

This will take place next year from **Monday 25th July – Friday 29th July** and is open to all children of primary school age.

– CHURCH MATTERS –

BRING YOUR OWN CRAFT

Please come and join us on 24th October from 2.15–4.30pm, or on 28th November for our Christmas Craft Day.

For more details, please contact Wendy on 01954 782041.

THE COFFEE STOP

This group is run by volunteers on Wednesdays from 10am–midday in the Bar Hill Library. Coffee, tea and biscuits are served at a modest price.

We aim to provide a friendly meeting place to chat with friends old and new. The Coffee Stop is used regularly by the Bar Hill Health Walkers, and by members of the Horizon Group. We are grateful to library staff for accommodating us and would love to welcome new people to join us. We encourage everyone to borrow a library book regularly to help keep this facility available for our village.

For more information, contact Sue Kenchington on 01954 780260.

FOR YOUNG PEOPLE

Café Church: As an alternative to the Sunday morning service, the children and young people meet in the Octagon on 1st and 3rd Sundays for breakfast and a learning activity.

Young People's Evening Worship Service: This informal service, held from 6.30–8.00pm on the second Sunday of the month, is for adults and young people. It begins with cake and drinks and uses contemporary music and format.

Cell Groups: These groups of young people meet once a month to learn about the Bible and the Christian faith.

Youth Socials: An opportunity to relax and play games (Wii, Pool, Table Tennis) one Sunday per month from 7.15–9.00pm in the Octagon.

For more information about any of these activities for young people, please contact Heather at familysmeth@ntlworld.com.

KNIT AND NATTER

This is a long-established group meets weekly on Thursday afternoons from 1.15–3.30pm in the Octagon.

We are a friendly group who support one another, and other groups who need our help. We are currently knitting for 'Operation Christmas Child' which sends boxes of gifts to children in need. We also send hats, jumpers and blankets to wherever they are needed throughout the world.

We hold a number of events during the year, including outings, coffee mornings, a Christmas lunch, and 'Holiday at Home' at Easter. Everyone is very welcome, whether to knit, or just to chat and meet new friends.

For more information, please contact Sue Kenchington on 01954 780260.

BAR HILL CHURCH ECO GROUP

The group meets for an hour in alternate months to think about how we, as a local community, can best use our world's resources both for our own benefit and for that of future generations.

Our next meeting is on Sunday 8th November, 11.30–12.30 in the Church (the TNT Room in the main building), and you would be very welcome to join us.

For further details, please contact Marguerite on egogroup@barhillchurch.org.uk.

MESSY CHURCH

This group for pre-school and primary age children and their carers meets in the Octagon from 3.15–5.15 on the 3rd Wednesday of each month. Each session begins with craft activities followed by a story and song on a Bible theme, and ends with a simple meal.

For more information contact Peter at familysmeth@ntlworld.com.

– S DYE –

For all your Painting & Decorating needs.
Please call 07806 629972 or 01954 230484

THE CATHOLIC CHURCH OF OUR LADY AND THE ENGLISH MARTYRS

Hills Road, Cambridge

The Catholic Church serving Bar Hill

Parish Priest: Mgr Peter Leeming Tel: 01223 350787

Local contact: Bunty Waters Tel: 01954 201421

Monday, Wednesday, Thursday, Friday 8am and 12.15pm

Tuesday 8am and 7.30pm

Saturday 6pm. First Mass of Sundays

Masses in the Parish Church in Cambridge; also 5pm at Cambourne and 6pm at The Octagon, Bar Hill.

Holydays of Obligation 8am, 10am, 7.30pm

Sacrament of Reconciliation

Tuesday 6.45pm (not after Mass)

Saturday 10.30–11.15am, 4.30–5.15pm, 7.00–7.45pm

Details of other services are published in a weekly newsletter available at the 6pm Mass each Saturday. Copies are also available in the Church Centre.

ART GROUP

Whether you are a complete beginner or an experienced painter, this group will give you a warm welcome. It meets on Wednesday afternoons throughout the year from 1.30–4pm in the Church. Meetings are very informal, with occasional visits from tutors. If you are new to painting, materials are available to borrow to help you get started.

For further information, please contact Jan Hewins on 01954 201495.

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During the week we have the following groups and clubs:

Monday	Helene Jones Dance	4.00-8.15pm
	(school term time only)	
Tuesday	Shotokan Karate	5.45-8.00pm
Tuesday	Danielle (Boot Camp)	8.00-9.00pm
Wednesday	Helen Jones (Dance)	4.00-6.45pm
Wednesday	Zumba	7.00-8.00pm
Wednesday	Pilates	8.00-9.00pm
Thursday	Pilates (term time only)	10.00-11.00am
Thursday	Weightwatchers	7.00-7.50pm
Friday	Stage Starz (term time only)	5.45-6.45pm
Friday	Martial Arts	7.45-9.00pm
Saturday	Sweat and Tone	8.00-9.00am
Sunday	Bingo (doors open 7pm)	7.30-9.30pm
	Cash prizes	

If you wish to book any of these facilities, or get more information, please call **01954 782414** and leave a clear message. We'll call back within 24 hours Monday-Friday; or e-mail barhill.villagehall@btconnect.com.

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YOUR LEGION NEEDS YOU

The Bar Hill branch of The Royal British Legion needs new members. You do not have to have been a member of the Armed Forces - we are open to all those in the Community that share our common cause to support the Armed Forces and their families all year round.

We campaign to improve their lives by organising the Poppy Appeal each year and taking part in Remembrance Day services, but we also have many social events.

We meet on the 4th Thursday of the month in the meeting room at the Octagon. Our next meeting is on 22nd October. If you would like to join us, either just come along to a meeting or contact Wendy on 01954 781381.

BAR HILL SPORTS AND SOCIAL CLUB



The Sports and Social Club is situated on the top floor of the Village Hall. You can watch live sports on our two large HD TV screens, play pool, darts, skittles and cribbage, or enjoy a drink in our quiet lounge bar.

Visit our website, www.bhssc.org.uk or join us on Facebook, at Barhillsports.Socialclub.

What's on in October?

Sat. 3rd	Membership Draw £50 to be won on the night
Sat. 17th	Membership Draw £50 to be won on the night
Mon. 26th	Monthly Quiz
Fri. 30th	Monthly Disco, £100 draw.
Sat. 31st	Membership Draw £50 to be won on the night
Sat. 31st	Halloween Kids party.

Looking Ahead...

Sat. 14 Nov.	Membership Draw, £50 to be won on the night
Fri. 27 Nov.	Monthly Disco, £100 draw
Sat. 28 Nov.	Membership Draw, £50 to be won on the night

Mon. 30 Nov. Monthly Quiz

Saturday Football Teams Home Games - K/O 1500
(unless otherwise stated)

10 Oct.	Bar Hill Saturday Reserves v March Rangers
17 Oct.	Bar Hill Saturday v Sawston Rovers
24 Oct.	Bar Hill Saturday Reserves v Isleham United
31 Oct.	Bar Hill Saturday Reserves v Bluntisham Rangers Reserves (K/O 1400)

Bar Hill Ladies Football Team Home Games - K/O 1400

4 Oct.	Bar Hill Ladies v Deeping Diamond Ladies
25 Oct.	Bar Hill Ladies v Huntingdon Town Ladies

Not a Member?

New members are always welcome. Join now for £10, Seniors £5. Pop in and have a look around. Please ask the bar staff for a membership form. See our website for opening times.

Andrew Wilkin, 01954 781881

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FRIENDS OF THE ROSIE



The Friends of the Rosie Hospital raises money through the Tea Bar at the Rosie Hospital outpatient department and through their trading arm Rosie in Stitches which has raised £933 so far in 2015.

If you have any spare polyester toy stuffing or yarn we are in urgent need of your donation. Follow us on the Rosie-in-Stitches facebook page. New knitted clothes and toys for sale on our website www.rosieinstitches.org.uk. We hope our readers have enjoyed their summer and are looking for some winter accessories and gifts. **This Autumn** we have a small display at the Tea Bar, Outpatient Department, Rosie Hospital at Addenbrooke's. Our next stalls will be: **Saturday 3rd October 10.30am-2pm at Bar Hill Community Market.** **Saturday 10th October 2.30-5pm at Willingham Craft Fair, The Ploughman Hall, CB24 5LP** Our knitters have been busy making Hallowe'en themed toys for sale at these events. We have discounted items for sale in our eBay Charity Store [rosieinstitches2010](http://www.rosieinstitches2010), books on Amazon at <http://www.amazon.co.uk/shops/A302NWPGRSHC7HN>, and second hand patterns and craft materials on our Facebook page. There are links to affiliate stores on our website where we will get a donation. To support Friends of the Rosie Hospital, Cambridge, England, visit <http://www.easyfundraising.org.uk/causes/forh> and follow the instructions. You can raise funds by using the Easyfundraising search site at <http://forh.easysearch.org.uk>. There are competitions to enter on the Easyfundraising blog. If you can improve our website, organise the three large stalls per year at Addenbrooke's Outpatients, provide transport for our volunteers or display a small selection of our wares please contact a member of the committee, details are given on our website. Thank you for all your support.

- JH FITNESS ACADEMY -

A new Gym with a difference has opened in Bar Hill. JH Fitness Academy specialises in group fitness classes and one-to-one personal training.

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Trainer Junior Herbert is a former ISKA Commonwealth Muay Thai Champion, and three times National Kickboxing and Muay Thai Champion. He has been personally training clients since 2003 under the name of JH Personal Training.

Here are some of the classes, held at various times of day, between 6am and 9pm:

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MAPLE SURGERY NEWS

Tel: 01954 780442

www.mhmaple.co.uk

Flu Clinic – this year will be on **Saturday 24th October**. All eligible patients will be invited to attend at their allocated time, either by SMS message or letter.

Emergency/on the day appointments – these may be booked weekdays from 8.30am for mornings, and 1.30pm for afternoons.

Test results – telephone requests for blood results will only be accepted after 2pm.

Free NHS health checks – if you are aged 40-74, and have not had an NHS Health Check in the last five years, please contact the surgery to book with the Nurse now.

Shingles Vaccinations – if you are aged 70, 71, 72, 78 or 79 on 1st September 2015, please contact the Surgery to arrange this is a one-off vaccination. Due to possible side-effects we are unable to offer this at the same time as your flu vaccination.

Help us improve our service – please take the time to complete an NHS Friends and Family Test Card available in the waiting area. Your feedback will help us learn what you like about the surgery and what you think we could improve. Alternatively, visit our website www.mhmaple.co.uk, select the 'Help us Improve our Service' tab on the home page and let us know about your experience.

Online appointments and repeat prescription requests – registered patients can now book GP appointments and order repeat medications on the surgery website www.mhmaple.co.uk. Please call in to the surgery with one piece of photo ID to obtain your username and password.

Repeat prescriptions – please do remember to allow two working days for your requests to be processed. We are unable to accept medication requests by phone. You may order repeat medications on our website, via our dedicated e-mail maplesurgery.repeats@nhs.net or put your completed repeats slip into the grey repeat prescription box in the front entry foyer of the surgery.

Goodbye – at the end of September we sadly said 'goodbye' to Dr Irwin who is returning to Scotland.

The Maple Surgery Team

- HOUSE SWAP -

I am looking for a house swap within Bar Hill. I currently live in a large three bedroom house in Pheasant Rise. I'm looking to swap for similar. I'm with Metropolitan Housing, which allow swaps.

My house comprises: open-plan living/dining room; downstairs toilet; bathroom and three bedrooms

upstairs. Garage attached with driveway for two cars.

Other villages, e.g. Dry Drayton, Longstanton considered.

If you are interested, please ring 01954 202854 or 07763 731073 for more information.

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- BAR HILL CHILDMINDERS -

If you are thinking of going back to work or would just like to have a bit of time to yourself, then why not leave your child in a friendly environment with a Childminder who is Ofsted registered, fully insured and First Aid Trained? Childminders offer a wide variety of activities including trips out to local toddler groups and parks, arts and crafts, music, stories and much more.

If you would like to find out more, you can call any of the Childminders listed below or just come along to our 'Little Bunnies' session on Thursdays to meet us all (see below).

Childminders with current vacancies:

Kirsten G. 01954 200228
Terri 07846 018714
Kirsty 07584 168909 (school-age children)
Kirsten C. 01954 202228
Melanie 01954 204496 (0-5yrs)



'Little Bunnies' Toddler Group for Babies and Pre-school Children and their Parents/Carers. We meet on Thursdays 9.45-11.15am in the Octagon (term time only) £2.50 per family/carer, or £1 per adult with one child under a year old. Includes soft drinks and healthy snacks for the children, hot drinks for the adults. We have a large range of indoor and outdoor toys.

'Little Bunnies' Sensory Sessions at the Octagon on Tuesdays from 9.45-11.15am during term time.

Come and let your little ones experience a range of sensory activities, from messy play (aprons provided) to music and story acting!

Snack and drink for children; hot drink for adults included. £1 under 1yr; £2 per child; £3 for two or more children.

...did you know...

'Almost' is the longest word in the English language with all the letters in alphabetical order?

- GREEN BINS COLLECTION - CHANGES THIS WINTER

Don't forget green bin collections change to monthly during the winter, when far less garden waste is put out for collection.

Monthly collections will start at the end of November and will return to fortnightly in March 2016.

Here are the dates as published in the autumn South Cambs Magazine:

Month	Black Bins	Green/Blue Bins	Blue Bins ONLY
October	7th 21st	14th 28th	
November	4th 18th	11th 25th	
December	2nd 16th 31st (Thurs)	9th	23rd
January	13th	7th (Thurs)	

You can find this information online at:

www.scams.gov.uk/bins-by-parish. The dates are also be published in the Bar Hill News each month.

WILLINGHAM & LONGSTANTON SURGERIES

Willingham Reception: 01954 260230;

Longstanton: 01954 207600; Dispensary: 01954 260073;

District Nurse Team: 01223 726469, option 2;

Health Visitor: 01954 207612.

Out of hours ring: 111.

Website: www.willinghammedicalpractice.nhs.uk.

Missed appointments in August = 79. This amounts to 15 hours of lost Doctor/Nurse time. **Please help us reduce this figure by cancelling unwanted appointments.**

Flu vaccination - is free under the NHS to all 65 years and over, pregnant women, and those with a long term medical condition. Please enquire if you are unsure whether you qualify. Carers (in receipt of Carers Allowance) are eligible. Private flu vaccinations are available at a cost of £10 for those not eligible under the NHS. Please ask in pharmacy. Flu vaccines for children born between 1/9/10 and 31/8/13 inclusive can be given in the form of a nasal spray. Please contact the surgery for an appointment.

Shingles vaccination - rolling programme is continuing this autumn. There is strict eligibility criteria and vaccines are available free only to restricted groups. Please ask at the surgery.

New vaccination: Meningitis B is being added to the routine baby immunisation schedule from 1st September 2015. There has also been an increase in the incidence of Meningitis W and Public Health England has instigated a vaccination programme to protect adolescents. More details available at the surgery.

Patient surveys - both the practice and the pharmacy are required to conduct patient surveys on an annual basis. You may be asked to complete a questionnaire when you attend the surgery and we would like to thank you in advance for your co-operation. This helps us to review and improve our service.

Mobile numbers - please keep us updated with your mobile number(s).

Carers Support Meetings - next meetings are on Wednesdays 7th October and 11th November 2-4pm. No meetings in December or January. For the October meeting Carerstrust will be visiting, with advice and support with form filling, financial queries and general carer's problems. An informal meeting with a cup of tea and lots of chat so come along and get some support.
Sharon Unwin, Manager

- BAR HILL BOOK CLUB -

Next meeting: Wednesday 14th October at 7pm at The Fox

"I Do Not Sleep" by Judy Finnegan

Please join us - new members very welcome.

Contact Sheila 07920 558319.



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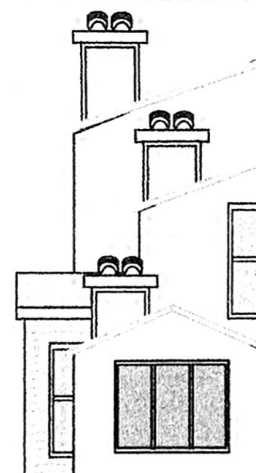
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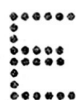
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Little Acorns Extended Day Care is an out of school club registered to care for children age 2–11 years, from 8am–6pm during term time and school holidays. We are situated next to the primary school along the concrete track which leads to the Farmhouse. Please feel free to drop in for a look around.

Flexible Hours can be booked any time during weekdays. Our current cost is £3.60 per hour. A 50% sibling discount is available and a 20% lone parent discount. Our breakfast club is open from 8am and is suitable for all ages. Children have access to all three rooms in the building and the garden area throughout the day. We offer a wide variety of activities and resources where children can explore, investigate, learn, create and have fun.

We have a 'mini acorns' session for children who are just starting pre-school (from age 2). These are slightly shorter sessions (9–11.15am), open Monday to Friday term time only, in a separate, quieter room with a higher staff ratio (max 12 children per session with 3 staff). We employ only qualified and experienced staff who are caring and dedicated.

Children can access 15 hours per week of free sessions under the Early Years Funding Scheme in the term after they reach 3yrs. Families on Income Support, or who fulfil the criteria for free school meals, may also be able to access 15 hours per week of free sessions for their 2 year old, via 'Free Twos' funding. Enquire at the children's centre for advice on applying for this.

If you would like more information or a registration form please e-mail: littleacorns.barhill@ntlworld.com, or phone Sally or Gail: 07851 803083 / 07982 238658 for pre-school age; for out of school care please e-mail: mightyoaks.barhill@virginmedia.com.

The building can also be hired out at weekends/evenings for parties and family events. Please e-mail for a booking form if you are interested – you do not need to have a child at the pre-school to use this facility.

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Walking is an excellent form of exercise. As well as making new friends we are fortunate in that Cambridgeshire is an ideal area for walking as it has relatively few hills.

Regular walking can: strengthen your heart, bones and muscles.

Walking can reduce the risk of: coronary heart disease; stroke; diabetes; high blood pressure; bowel cancer; Alzheimer's disease; osteoporosis; arthritis; anxiety; stress.

Walking improves your: mood; confidence; stamina; energy; weight control; life expectancy and helps combat depression.

We walk alternative Sunday mornings, between 5–6½ miles.

New walkers are welcome to join us for two free walks. If you enjoy our walks we request that you become a member.

Our Autumn 2015 walk programme starts on 6th September 2015. For further details please contact the Secretary, Stella.
stella.ramblers@hotmail.com.

– WILDLIFE TRUST – HUNTINGDONSHIRE LOCAL GROUP

On Wednesday 14th October at 7.30pm, Terry Moore, an active member of the Ely Group, will talk about the amphibians and reptiles found in the UK.

On Wednesday 11th November at 7.30pm, there will be an introductory, illustrated talk on Britain's Hoverflies.

On Wednesday 9th December at 7.30pm, we will present a miscellany of two short Wardens' Tales, plus a light-hearted quiz.

Following the success of last year's fun wildlife quiz we will be holding another one this year, together with the usual raffle, wine and mince pies.

All these events will be held at **Brampton Memorial Hall, Thrapston Road, Brampton, PE28 4TB**.

Anyone interested in wildlife is most welcome to attend. Entrance is £2.50 per session; accompanied children free. No need to book.

Please contact Tim on 07941 261346 for further information.

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Our ethos is to ensure high quality care by focussing on each child's ability and interests. Our key person and buddy system enables our team of highly qualified staff to plan activities to reflect all the needs of our children.

We offer fully flexible care between 9am-3pm, for children aged 2-5yrs and are registered for Nursery Education Funding (NEF) as well as the government scheme 'Funded 2's'. Please get in touch with Sarah or Michelle to arrange an informal visit.

The extended outdoor learning environment provides opportunities from growing fruit and vegetables for our snack bar to discovering worms, ladybirds and other creatures that share the area at the setting. We are proud to offer many additional learning experiences for your child with regular visitors to the setting as well as exploring the community around us.

The setting is intimate and comfortable and provides a safe environment for your child to learn and develop with their peers. The indoor area has a quiet corner for reading as well as a range of toys and equipment for your child to discover. We have strong ties with the community through visits to local businesses, the library and the church.

Parent/Carer Partnership

From September we are introducing Online Learning Journals where each parent can follow the development of their child in words and pictures via a secure login.

Please contact us on the above telephone numbers or: enquiries@barhillpreschool.co.uk

Our setting manager as well as session allocation coordinator, Sarah, and her deputy Michele are always on hand to support you through the registration process.

We look forward to meeting you and your child.

HEALTH AND WELLBEING CLUB

This exciting new group is the latest addition to the range of activities happening in the Tesco Community Room. Meetings are held on the second Tuesday in the month. The idea behind this club is to explore some of the expert advice on offer in store ranging from the pharmacy through to fashion and beauty. Every month there will be a different theme, which will be decided from the suggestions made by the members of the group. Meetings through to the New Year are:

13th October - Pharmacy and beauty.

10th November - Christmas gift ideas.

8th December - Ideas for food, drink and decorations.

After this, it is over to the members of the group to decide what advice they would like to draw on from the departments within Tesco store - pharmacy, optician, beauty, travel, diet and nutrition, electrical etc.

Come and join us - there's tea, coffee, cake, biscuits and a very warm welcome!

If you would like more information, please call Jane Johannessen, Community Development Officer for Care Network, on 01954 211919.

PARLIAMENTARY NEWS

The second week of September signalled the return of Parliament. In the weeks leading up to this, South Cambridgeshire's Heidi Allen spent time walking the wards at Addenbrooke's Hospital, on the beat with Cambridgeshire's finest, out with paramedics as an Ambulance observer and settling down for a cup of tea with a truly amazing constituent.

Keen to experience the daily work of the staff at Addenbrooke's Heidi spent an afternoon with nurses on wards caring for the elderly and, at the other end of the spectrum, joined consultants on a Friday evening in A&E and intensive care. A shift with paramedics helped her understand how the services interact and the conflicting pressures they face. In August Heidi moved from hospital wards to police cells. Experiencing the custody suite at Parkside station towards the end of the shift, she had a window into the world that many of us fortunately never have to look through. Heidi was truly humbled by the work of our emergency services. These real-life heroes deserve our utmost respect. Thank you.

On 4th September Heidi was invited to tea with Frank Burton, a constituent celebrating his 97th birthday. One of only a handful of survivors of the Battle of the River Plate, they enjoyed a cup of tea together while Frank reminisced about his days in the navy and, more importantly, his prize winning vegetables.



Frank Burton & Heidi

Some of Heidi's younger constituents, from Newton Community Primary School, recently met up with her and had a tour of the Houses of Parliament.

If you would like to contact Heidi about an issue, book a surgery appointment or find out what else she has been up to, visit her website www.heidisouthcambs.co.uk; e-mail: heidi.allen.mp@parliament.uk or telephone 01954 212707.

Upcoming surgery date: Friday 9 October 3pm Longstanton.

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OCTOBER BULLETIN FROM CAMBRIDGESHIRE FIRE AND RESCUE SERVICE

Winter is coming and after seeing a rise in chimney fires last year, CFRS is encouraging all residents to get their chimney professionally swept before the cold sets in.

Top tips to enjoy an open fire safely:

- Sweep your chimney at least once a year and get brickwork inspected, especially the chimney breast and roof space.
- Do not bank fires too high or overload the grate, and remember to let them burn down well and check the hearth before going to bed.
- Use a fire or spark guard to prevent accidental fires.
- Do not place objects on or over the mantle-piece which may cause you to stand too close to the fire to reach or use them.
- Burn only suitable fuels and avoid burning resinous woods as soot builds up quickly.

Above all, ensure you have a working smoke alarm fitted on each floor or your home.

Find us on Facebook, Twitter and Instagram, or contact us on 01480 444500.

CENTENARY CELEBRATIONS AT BAR HILL CUB PACK

Our end of term was very busy with the Fête on Sunday; and our leader Bagheera, aka Liz, getting married. So busy we have still got to squeeze in our swimming pool visit which was postponed.

We have a fun year of celebrations ahead with both County and District events to celebrate 100 years of Cub Scouting. This term we will be visiting the Cambridge Institute of Astronomy in October and taking part in the District night hike in November followed by a sponsored fundraiser in January.

We hope to see you at our **Toy and Clothing Sale** on **7th November** from 3-5pm at the Scout Hut near the Village Hall. We are fundraising so we can go on a camp to celebrate 100 years of Cubs.

Anyone interested in a table for the sale (£10) please call 07889 801460.

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DOBBIES – OCTOBER UPDATE

A new season brings new things to Dobbies! We are selling chrysanthemum balls at a bargain price of £7.99 in many colours. We also have a range of lovely bulbs in our plant area, which you'll notice has a new layout. We have a new house plant range, including cacti and exquisite Bonsai trees.

The Dobbies' autumn promotion is currently on in store, while stocks last. We also have a new pet range including many Christmas treats for our furry friends.

Why not sign up and take advantage of our Loyalty Card? Benefits include: save 10% on all plants, bulbs and seeds every day, collect 2 points for every £1 you spend in-store, enjoy 2 FREE hot beverage vouchers monthly, and take advantage of exclusive shopping events and offers during the year. Customers who sign up in-store and choose our £10 direct debit option will receive a free gift immediately. You can also sign up online and pop in for your free gift.

At Dobbies we like to be part of the community and hold regular events to get local people together and raise money for charity. Our Soul and Motown charity event on 12th September was amazing, raising £950.00 to support the Teenage Cancer Trust. Once again a massive thanks to all attended – hope you had a good night. I've provisionally booked the village hall for another night on Friday 11th December including a Christmas Raffle. If anyone could donate a raffle prize, call into Dobbies and see me. There will also be a Christmas launch Charity Night on the 8th October, 5-9pm, at Dobbies Bar Hill. We are selling tickets in store for £1.00 so come and enjoy a glass of bubbly, delicious tasting events and browse our fabulous Christmas range!

We would love you to complete our quick survey online and we'll enter you into our monthly prize draw to win a £100 Dobbies gift card. Visit www.telldobbies.com.

Christmas will soon be here! We're looking for 4 enthusiastic elves to join our Christmas theme and support Santa in his grotto – apply in store.

For further information please call us on 01954 785451 or pop in for a chat!

Julie Griffin

– OPPORTUNITY –

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Bar Hill Colts Football Club News FOCUS ON THE BAR HILL RAVENS

Match Report

– Bar Hill Ravens 4 – 0 Ely Crusader's Blue –

The Ravens opened the season on 13th September with a convincing victory in a highly entertaining game on the school field. In a closely matched first half, the Blues took a narrow one goal lead through Max Burton before the half time break.

Within seconds of the restart David Wallace was fouled in the box and Burton converted from the spot for his and Bar Hill's second with a clinical strike. Ali Rees then made a darting run on the left wing and crossed superbly for Wallace to open his account. Into the final minutes Wallace sealed victory with his second after running through to beat the keeper from 6 yards. Harry Sargent was denied by the crossbar after lashing a shot that beat the keeper soon after.

A confidence boosting 4-0 win and a valuable 3 points for Bar Hill. Ely played very well and were unlucky not to score, but Luke Shanahan was in inspired form in the Ravens' goal making a series of fantastic saves to deny them. Liam Rabel captained Bar Hill and led by example in the heart of the defense with a man-of-the-match display.

Well done to every player from both teams and good luck for the season.

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– HAPPY HOURS –

The Club has continued during August, apart from the Bank Holiday, although our numbers have been less.

The aim of Happy Hours is to be a meeting point for the retired or lonely. We encourage people to keep active in mind and body, which helps keep us healthier. We have board games, quizzes, monthly bingo and occasional parties and outings. Or you can just have a natter. All are welcome. Call in for a coffee or tea on a Monday 11am–3pm. If you feel unable to come on your own please let me know and I'll see if someone could come with you. Companionship for a day with good food, tea and coffee.

I have been contacted by Age UK and given more information regarding their befriending scheme, which they're now calling Visiting Scheme for the Lonely and Isolated, with a new local number to call. If possible, they will arrange for someone to visit weekly. They are also looking for volunteers. If you need – or can offer – help, please contact the number below.

Age UK Visiting Scheme the Lonely and Isolated:
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0800 470 80 90.

Helen Collins, 01954 782203

BAR HILL CRICKET CLUB



We are the champions! Bar Hill duly clinched the league title, and with it promotion, as they beat their nearest rivals Girton II in the penultimate match of the season.

Captain Adam Dean smashed 120 and shared in a partnership of 113 with Paul Stimpson,

who made a more sedate 53 not out, while Tom Yewbrey added 38 in Bar Hill's total of 255 for 8.

In reply, Phil Orvis and Sam Wilson took four wickets each as Girton were dismissed for only 45.

The final match of the season was a case of 'after the Lord Mayor's show' as Bar Hill lost to Wilburton II, though Jack Colding picked up his first two Saturday wickets.

So after a great season which saw Bar Hill revitalised after the loss of the first team, to awards night!

The season's batting awards went to Phil Orvis (first team) and Sam Clare (midweek). Sam also won the first XI bowling award, while the midweek bowling award went to Barry Driver.

The first team player of the year, voted by the players, saw Sam Clare pick up another deserved award. The midweek team player of the year was Jonathan Barber.

Most improved player was earned by Sam Wilson, while the outstanding performance award went to Sam Clare for scoring 77 and taking six wickets in the same match against Coton.

The champagne moment of the season was shared by Tom Page and David Underhay for clinching a thrilling one-wicket victory against Granta.

Last but not least, to his title of club chairman, Ash Curry can now add two august titles – Duckman and Clubman.

The first is for the batsman who most often failed to trouble the scorers and the second, arguably the most important award in the club, is for the biggest contribution to the club on or off the pitch this season.

All the award winners received their trophies at the end of season event at the Social Club, where members of the youth squad also received medals.

We aim to organise some youth training sessions indoors over the winter, so watch this space for details.

For information on all aspects of the club, visit www.barhillcricket.org.uk. We also have a Facebook page and you can follow us on Twitter @BarHillCC.

Paul Stimpson, 01954 201212

CAMBRIDGE RANGERS WOMEN'S FOOTBALL CLUB

Part of the Cambridgeshire football scene for more than 10 years, players and coaches share one philosophy: football is for all and is about enjoyment as much winning.

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We train every Tuesday evening at Girton Recreation Ground from 7pm, and play our matches in an FA Women's league on Sundays.

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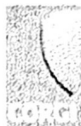
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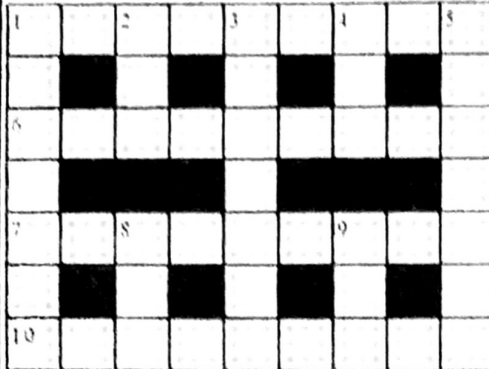
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OCTOBER CROSSWORD

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7. star sign, 10. ninth month,
Down: 1. show by sketch or words,
2. flammable fuel, 3. record store,
4. woman who sounds like a duck,
5. sailor, 8. — goes the weasel,
9. sphere.



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Weds. 4th Nov. black bin

WHEELCHAIRS

Over Day Centre has a small collection of wheelchairs which we are happy to loan to the public. If you need to borrow a wheelchair, talk to Over Day Centre first as we may be able to help.

Tel: 01954 231807;

e-mail: care@overdaycentre.co.uk.

There is no charge for this service, but donations are always welcome.

We are here to support the Community.

VASTRA HAMNEN – AN OUTSTANDING EXAMPLE OF A REDEVELOPED INDUSTRIAL AREA

This may be of interest to readers, given Bar Hill's proximity to Northstowe new town.

In August 2015, Ian Hunter of Longstanton visited Vastra Hamnen (Western Harbour in English), a few miles north of Malmö, Southern Sweden. This is a former heavy industrial area, originally the site of a dockyard and car factory. At its peak over 6,000 people worked there. When the industries closed, the site became the European Housing Expo, Bo01, which attracted many visitors and much international publicity. It now has the largest concentration of low energy housing in Sweden.

"Claims to fame" are:

- The majority of flats have waste grinders; initially to produce compost, but now used to produce biogas. Most also have IT systems that monitor and control energy usage.
- Malmö's bus services are gas powered. Buses run every 2 minutes into central Malmö.
- A pioneering car sharing scheme helps reduce car journeys.
- Convenient multi storey parking garages for each community stop cars cluttering the streets.
- Parks dotted around the area are designed so that children can play on the latest-design playground facilities.
- Most homes are zero carbon because of the widespread use of photovoltaic cells, solar panels, wind turbines and state-of-the-art internal ventilation systems.
- Iconic architecture, such as The "Turning Torso" building acts as a central focus.

Very low energy bills means fuel poverty is eliminated, reducing rent arrears and evictions. The whole development is driven by the need to be economically, environmentally, and socially sustainable. More people work there now than in the 1960s, mainly in IT-related industries.

When Ian was a boy scout, when clearing a campsite they were told to "burn, bash or bury" any waste. The maxim at Vastra Hamnen seems to be "reuse, repurpose or recycle", which is achieved by a refuse disposal system using a series of pipes that suck the refuse away to a peripheral site for sorting and treatment.

Further details of Vastra Hamnen, and more photographs can be found on the Northstowe community Facebook page: www.facebook.com/NorthstoweCommunity.

HAIR2U

Professional Mobile Hairdressing covering Bar Hill and surrounding areas.
Call Caroline: 07843 238718



"An eye for an eye will only make the whole world blind."
Ghandi

OCTOBER PUZZLE

Form nine, nine letter types of rock, in alphabetical order.

A	N	D	I	S	T	P	H	O	E			O	N	I		
A	T	E	I	T	E	P	O	R	V		P				T	
B	E	N	I	T	E	R	O	L	R		E				N	
C	O	M	N	E	O	S	C	H	O		N				N	
E	N	S	N	S	T	S	P	H	E		C				A	
E	V	A	O	G	Y	T	I	N	E		R				G	
G	R	E	O	N	E	T	O	N	H		S				T	
H	O	R	O	S	E	T	R	A	C		I				S	
I	A	N	P	E	T	V	E	R	R			E	R	T		

Solution for September: CASSEROLE, CROQUETTE, ENCHILADA, FRICASSEE, GALANTINE, JAMBALAYA, MANICOTTI, SCHNITZEL, TYROPITTA



RESIDENTS' ASSOCIATION

Interested persons are always welcome at Residents' Association meetings. They are usually held on the first Tuesday of the month at 8pm in the Parish Council office.

Next meetings:
6th October, 3rd November.

— EVENTS CALENDAR —

date	event	where	time
28 September	Monthly Quiz (page 8)	Bar Hill Social Club	
1 October	Bar Hill Village Hall AGM	Village Hall	7.30pm
1 October	8 o'clock club – Medical Detection Dogs (page 3)	Bar Hill School	8pm
3 October	Rosie stall at Bar Hill Community Market (page 15)	Octagon	10.30am–2pm
8 October	Christmas launch Charity Night (page 25)	Dobbies, Bar Hill	5–9pm
8 October	NWR – Siberia (page 3)		8pm
10 October	Village Litterpick (page 5)		
10 October	Rosie stall at Willingham Craft Fair (page 15)	Ploughman Hall, CB24 5LP	2.30–5pm
10–16 October	Quaker Week (page 1)	Jesus Lane, Cambridge	
14 October	Bar Hill Book Club (page 16)	The Fox	7pm
14 October	Hunts. Wildlife Trust talk (page 16)	Brampton Memorial Centre	7.30pm
22 October	NWR – Planning Evening (page 3)		8pm
22 October	British Legion (page 8)	Octagon	
26 October	Happy Hours Variety Show (page 1)	Octagon	afternoon
30 October	BH Ladies Group Bring and Share Meal (page 1)	tba	7.30pm
31 October	Halloween Kids party (page 8)	Sports and Social Club	
31 October	Hallowe'en Display (page 1)	12 Appletrees, Bar Hill	4–8.30pm
5 November	NWR – Talk by Susan of Sujay, with sale of jewellery (page 3)		8pm
5 November	8 O'clock Club – Citizens Advice Bureau (page 3)	School	8pm
7 November	Bar Hill Community Market (page 4)	Octagon	10.30am–2pm
7 November	Art Exhibition	Church	10am–3pm

BAR HILL SCHOOL

tel: 01954 273305; fax: 01954 273306;

e-mail: office@barhill.cambs.sch.uk

website: www.barhillschool.co.uk

The children have returned to school rested and ready for more excellent learning! After so many record breaking academic results last year, on both a local and a national level, it's going to be hard to make improvements, but the staff and students are ready to go even higher.

Over the summer we introduced a brand new wifi network across the school, purchased classroom sets of laptops and created a purpose built library with new collections of fiction and non-fiction for readers of all ages to enjoy.

Due to our popularity we are oversubscribed and rapidly growing so over the summer we also made substantial changes to the Reception area in case we find ourselves needing an extra classroom in the near future.

Since we've arrived back we've enjoyed special events such as the "Graffiti Jam" in partnership with Girton Youth Club. In order to take part in the event on 5th September, artists from as far as Maidstone, Kent, travelled to Bar Hill to share their craft with the children. The artists held workshops and painted stunning murals around the school that will be enjoyed for years to come. Although all of the murals are amazing, many of the children have commented that they particularly like the painting of Albert Einstein! Giving children the opportunity to watch the artistic process over a period of hours while also taking part in art workshops is something very special which we hope to do on an annual basis.

Along with coming to see the art installations around the school, members of the public are very welcome to visit the school to see us in action. Just get in touch with the front office.

Dr Al Mistrano, Headteacher

— OPPORTUNITY —

AUTOMATED SYSTEMS GROUP

20 Trafalgar Way, Bar Hill, CB23 8SQ



MANAGED • DOCUMENT • SOLUTIONS

We currently have the following part time vacancies:

Meter Reading Administrator:

Wednesday, Thursday and Friday. Full support and training will be provided.

Working as a member of the administration team you will have a professional telephone manner, enjoying liaising with customers and be methodical in your approach. This role would suit a confident individual who works well under pressure. You will possess the following:

- Polite and professional telephone manner
- IT literate, with basic knowledge of Outlook
- Willingness to learn and have a flexible approach
- Give attention to detail
- Good interpersonal skills and work well as part of a team

To apply, send a CV and covering letter to Mandy Dunn at the above address.

Warehouse Operative:

We are looking for a motivated individual who is able to work to a high level of accuracy to join our existing warehouse team on a temporary basis to cover long term sickness.

Previous distribution/warehouse experience is not essential.

Four hours a day Mon – Fri, before 2pm, but hours neg. Call Sara on 01954 785268 or e-mail sara.desilva@asl-group.co.uk for more details.